

### **Extended Stay Policy at Molena Ashram**

Extended stay may be permitted at the Molena Ashram. Abhyasis who want to spend some time in the ashram to dedicate the time for their spiritual practice or voluntary work will be required to obtain prior approval from the US Secretary to do so. The permission must be requested in writing using the appropriate form. Abhyasis concerned may request their prefect for the form, which may also be obtained from the “Molena Ashram” section of the SRCM web site.

The request form must be submitted for approval at least 2 weeks prior to abhyasi’s arrival at the ashram. A recommendation letter from the local preceptor (form from the “Molena Ashram” section of the SRCM web site) should be accompanied with the request.

All requests and recommendation letter should be sent to the Secretary, SRCM, USA. Permission will be given on a case-by-case basis at the sole discretion of the President or by the Secretary. The form can be sent to the US Secretary either by email to [us.secretary@srcm.org](mailto:us.secretary@srcm.org) or fax to (866) 777-7920.

Abhyasis must bring the approved copy of the application request and submit it to the caretaker/ashram manager upon arrival at the ashram.

**REQUEST FOR STAY AT THE MOLENA RETREAT CENTER**  
**(Please use separate forms for each abhyasi requesting stay)**

Date : \_\_\_\_\_

Name of the (Abhyasi) Practicant: \_\_\_\_\_

Names of persons accompanying you (If a minor, please state relationship to you):  
\_\_\_\_\_

Current Residence Address: \_\_\_\_\_

Previous Residence address if less than 1 year in the above address: \_\_\_\_\_

Identification: Dr Lic # \_\_\_\_\_ Expiration date: \_\_\_\_\_  
(Please attach a photo copy)

Name of the introducing prefect: \_\_\_\_\_

Date and Place of introduction: \_\_\_\_\_

Name of the current prefect: \_\_\_\_\_

**Emergency Contacts:**

Contact name: # 1 \_\_\_\_\_

Address: \_\_\_\_\_

Home Phone #: \_\_\_\_\_ Mobile phone# \_\_\_\_\_

Contact name: # 2 \_\_\_\_\_

Address: \_\_\_\_\_

Home Phone #: \_\_\_\_\_ Mobile phone# \_\_\_\_\_

Contact name: # 3 \_\_\_\_\_

Address: \_\_\_\_\_

Home Phone #: \_\_\_\_\_ Mobile phone# \_\_\_\_\_

	Yes/No	Yes/No
Signature of Abhyasi	Recommendation by AMC	Secretary

Comments: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

(Attach additional sheet if needed) \_\_\_\_\_

**Recommendation letter from Preceptor for an  
Extended stay of an abhyasi at the  
Molena Retreat Center**

To,

Secretary  
SRCM-USA

Dear brother/sister:

I would like to recommend \_\_\_\_\_, an abhyasi in  
the \_\_\_\_\_ center name / state to stay in the Molena  
Retreat center, GA starting \_\_\_\_\_ (date) to spend  
extended time for his / her spiritual practice.

I have known this abhyasi since \_\_\_\_\_ (date) and  
he/she has been an active abhyasi since \_\_\_\_\_ (date).

Regards,

Signature of the Preceptor and date

Name of the preceptor: \_\_\_\_\_

Preceptor since \_\_\_\_\_ (date)

Center name: \_\_\_\_\_ (name/state)

## Rules of Ashram Occupancy

1. Possession of alcoholic beverages, tobacco and drugs in any form is **TOTALLY** prohibited.
2. Possession of any lethal weapons including knives with blades longer than 6" is banned within the ashram campus.
3. Visitors must have the prior permission of the management if any stay on the premises is involved. Overnight visitors not allowed.
4. No pets or other animals should be brought into the ashram campus.
5. Non-vegetarian food being cooked or consumed within the ashram campus is prohibited, appreciating that such foods are inimical to spiritual progress.
6. It is suggested that practice of celibacy while residing at the ashram will be of great help in promoting spiritual progress.

8th June, 1992

*P. Rajagopalachari*  
President,  
Shri Ram Chandra Mission

Date: \_\_\_\_\_

To,

The Care-Taker, Molena Retreat Center  
Shri Ram Chandra Mission  
USA

I have received, read, and understand the rules of ashram-occupancy provided to me by the care-taker of Molena Retreat center. I agree to abide by the rules of occupancy during my stay at the ashram. I acknowledge that Shri Ram Chandra Mission (SRCM) will not be responsible for accidents or injury or for damage or loss of money, jewelry, personal property, or valuables of any kind. I shall hold SRCM harmless and agree to indemnify SRCM from any and all liabilities and agree to follow ashram rules.

I shall utilize my stay at the ashram solely for my spiritual development according to Sahaj Marg system of practice and any volunteer work that may be assigned to me by the care-taker.

Sincerely,

Abhyasi's Signature

Abhyasi's name: \_\_\_\_\_